

NIGHT IN YOUR ELEMENT

EVERY FRIDAY

Time: Every Friday, 14:30 we collect together at the Nature Shop.

We will go to a beach, far away where peace and nature are still very much present. We will spend a lovely day at the beach, where there is time for a beach walk, finding shells or just some relaxing. Also there will be a yoga class offered by Lamin Daboe and nature meditation by Marisse van Drunen.

At twilight we will light the fire, there will be served a wonderful dinner and is there time for music and dance.



Around 22:00 we return back to Kololi.

The price is inclusive water, dinner and welcome drink... other consumptives are available for payment. Alcohol beverages are only available after sunset. It can be nice to bring a warm sweater, in the night it can cool down.

ORGANIZED BY
**HUMANITY AND NATURE CONNECTIONS,
TOURS GAMBIA**